

## What's Next?

# the Biggest little Farm

<https://www.biggestlittlefarmmovie.com/>

### Learn more about Apricot Lane Farms:

<https://www.apricotlanefarms.com/about-us/our-mission/>

<https://www.apricotlanefarms.com/about-us/our-farm/>

### Types of sustainable agriculture:

- Permaculture- designing agricultural systems to enhance resilience and diversity based on observations of natural ecosystems
- Intercropping- planting more than one crop in a field at once in order to improve the soil quality ie: planting nitrogen-fixing beans in a field with corn in order to provide nutrients for the growing crops
- Crop rotation- planting something different
- Cover crops- crops that grow low to the ground and have broad leaves, protecting the quality of the soil ecosystem and preventing erosion.
- Biomimicry- in agriculture, creating a farm to as closely resemble a whole functioning ecosystem as possible, taking lessons from observations in the natural world
- Organic- a certification or set of principles to avoid the use of chemical fertilizers and pesticides
- Integrated Pest Management (IPM)- the use of cultural, mechanical, biological methods of pest control in order to limit the use of chemical pesticides

### How to help:

- Shop local, organic farms
  - Use the [Colorado Farm Fresh Directory](#) to find farms in your area. This comprehensive guide lists the contact information, the types of produce available, whether it is organic, and if the farmer attends farmers' markets
  - Visit these Eagle County Farmers' Markets: [Vail Farmers' Market & Art Show](#), [Edwards Farmers' Market](#), [Minturn Market](#), & [Basalt Sunday Market](#).
  - Check out Walking Mountains' [Sustainable Food Map](#)
  - Look out for the [Colorado Proud](#) logo to find local produce at the grocery store
- Start a backyard compost pile to promote healthy soil
  - Use this [guide](#) for backyard composting in Colorado

- Sign up for Vail Honeywagon's commercial composting service and gain access to the community compost drop-sites for \$12 per month
  
- Purchase compost in bulk (5 yards or more) at Honeywagon's location in Wolcott or in smaller quantities (5-gallon bucket to pickup truckload) from the Wildflower Farm in Edwards.
  - For current operating hours contact Vail Honeywagon at 970.476.3511 or [vailhoneywagon.com](http://vailhoneywagon.com) and/or the Wildflower Farm at 970-926-5504 or [info@thewildflowerfarm.com](mailto:info@thewildflowerfarm.com).
  
- Consider planting your own vegetable garden
  - Get started with this high-altitude [garden guide](#)
  
- Raise hens and/or livestock if you have the land and time
  - Check your county and municipality's laws on raising backyard animals
  
- Buy seasonally appropriate foods and produce
  - Use this [seasonal food guide](#) to discover what is available when
  
- Consider limiting your consumption of meat and other animal-based products unless they are locally and ethically sourced