

## The Need to GROW: What's Next

<https://www.earthconsciouslife.org/theneedtogrow>

Visit the official website to learn more about how you can incorporate the information shared during the film into your daily life. <https://www.earthconsciouslife.org/theneedtogrow-action>

### How to Take Action:

1. **Get Into Composting:** Beyond the many reasons why it's important, composting is easy (and fun) to get into. "The soil is starving for organic matter," and saving kitchen scraps is fairly easy. Here is a link to Geoff Lawton's 18-Day Compost Method (DIY!) [https://www.youtube.com/watch?v=1Tk\\_melmv14](https://www.youtube.com/watch?v=1Tk_melmv14)  
Here is a link to sign up for the Vail Honey Wagon Community Drop-Site Program (if you don't want to do it yourself): <https://www.vailhoneywagon.com/service/community-compost-drop-site/>  
If you wish to purchase compost locally, check out: <https://www.vailhoneywagon.com/compost-for-sale/>
2. **Get into (~vertical~) Gardening:** <https://www.youtube.com/watch?v=4HLho4vcJac>  
If you don't have your own space to garden, consider signing up for a plot in your nearest Community Garden. <https://newrootsco.org/community-gardens-in-eagle-county/>  
OR  
If you are brand new to gardening, consider volunteering with the *Garden Guardians*, who collectively oversee plots in Community Gardens throughout the Vail Valley and donate food to the Community Market. Here is the link to sign up: <https://newrootsco.org/garden-guardians-2020/>.
3. **Get into Biochar:** <https://extension.colostate.edu/topic-areas/agriculture/biochar-in-colorado-0-509/>  
Colorado BioChar Resources (Purchase Commercial BioChar): <http://www.colobiochar.com/index.html>
4. **Start saving seeds:** Learn how to save seeds from vegetables:  
<https://www.youtube.com/watch?v=sPmsdPgrPkE>
5. **"Does Your Neighborhood Have a Seed Library? If not, start one!"** <https://highcountryconservation.org/seed-library/>  
<https://www.youtube.com/watch?v=7P59IiCQt04>
6. **Donate Homegrown Produce:** If you have a green thumb and an abundance of produce, consider donating your excess foods to your local food bank or market via Produce for Pantries or Fresh Food Connect. <https://freshfoodconnect.org/>  
<https://www.vaildaily.com/opinion/produce-for-pantries-give-your-surplus-produce-to-those-in-need/>

### Related articles:

"Can Dirt Save the Earth?" NY Times (2019)

<https://www.nytimes.com/2018/04/18/magazine/dirt-save-earth-carbon-farming-climate-change.html>

"The Hidden Costs of Industrial Agriculture" Union of Concerned Scientists (2008)

<https://www.ucsusa.org/resources/hidden-costs-industrial-agriculture>

"Sustainable Urban Agriculture: A Growing Solution to Urban Food Deserts"

[https://www.researchgate.net/publication/294736990\\_Sustainable\\_Urban\\_Agriculture\\_A\\_Growing\\_Solution\\_to\\_Urban\\_Food\\_Deserts](https://www.researchgate.net/publication/294736990_Sustainable_Urban_Agriculture_A_Growing_Solution_to_Urban_Food_Deserts)

Related articles cont.

Science Mom's Speak Out

<https://www.forbes.com/sites/kavinsenapathy/2017/01/20/girl-scouts-newest-cookie-rejects-science/#57f871cf353d>

Seed Sovereignty: "Visualizing Consolidation in the Global Seed Industry (1996-2008)"

<https://www.mdpi.com/2071-1050/1/4/1266>